

Health & Physical Education (K-12) Appalachian State University

Minimum of two (2) semester hours are required to fulfill each of the following competencies unless otherwise noted.

Competency		Course Prefix & Number	Course Title	Course Offerings
A	Foundations, Principles, & Practices of Physical and/or Health Education	HED 2100	Introduction to Health Education	F
C	Human Biology, Anatomy, & Reproductive Health	HED 4710	Teaching Sex Education within a Family Context	F, S
E	Sports, Physical & Leisure Activities	PE 1700 – 1889	Physical Activity / Wellness (minimum required total of 2 semester hours)	varies
G	Health Education & Promotion	HED 3450	School Health Programs	F, S

Posted: Spring 2018
Revised: January 2018

Course Offering Codes:

F=Fall, S=Spring, SS=Summer Session, UD=Upon Demand
e=even years, o=odd years, ^=online

Course typically offered **on campus** if shaded.

Notes:

- These are typical course offering schedules. Courses are not guaranteed to be offered at these times.
- Please check with the college/university for course availability each semester.
- Some courses require prerequisites be met prior to registration. An asterisk (*) denotes a prerequisite course.
- For more information from this institution, click here, <http://www.appstate.edu/>.